

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Cara Lourens**

Has successfully participated & completed the

**50km Aardwolf Ezemvelo MTB Challenge 2019**

held at Ezemvelo Nature Reserve.

**TIME 02:34:48**

**PACE 19.38km/h**  
**OVERALL 47 of 139**

**GENDER 7 of 32**  
**VETERAN 2 of 13**

19 October 2019, Sat

Date



*BoutTime*

Signature

